

Substance Abuse and Related Services for Women in the Capital Region



**Distributed by
Community Cradle
2 EComm Square
Albany, NY 12207
(518)426-1153
Information@communitycradle.org
www.communitycradle.org**

2009-2010 Edition

FORWARD

Substance use by women is a public health crisis:

- Consumption of alcohol and other substances often reduces women's inhibitions and clouds judgment such that women are less likely to use protection against pregnancy or infections during sexual encounters. In fact, 23 percent of sexually active teens used drugs or alcohol before their last sexual intercourse (2007 CDC Youth Risk Behavior Survey).
- Alcohol, tobacco, and other substance use during pregnancy can be devastating—even lethal—to the developing fetus and can have long-term disabling physical and cognitive effects.
- Children of substance abusers are at risk for neglect, abuse, and abandonment and take these issues with them throughout life as COSAs (children of substance abusers) and ACOAs (adult children of alcoholics).

Effective treatment and support services are essential. Women need to know about services available to them in the Capital Region, and health and human service providers are the critical links to help women access and coordinate these services.

This is why this directory has been developed. The goal is to inform consumers and providers of the array of substance abuse and related services available in the Capital Region and to coordinate these services and the referrals between them. It is in keeping with the mission of Community Cradle, which is to provide innovative and dynamic health programs and resources crucial to the lives of the women, babies and families of the Greater Capital Region.

Information for this directory was compiled through mail and telephone interviews, and surveys with substance abuse agencies in Albany, Rensselaer, and Schenectady counties to ask what types of services are being offered to women in this area. We found that specialized services for substance using women (particularly pregnant women) are limited, and that consumers—and even providers—are unaware of all the services available in the Capital Region and how to access them.

The information contained in this directory pertains to services for women, women with children, pregnant women, and teens and is based upon data obtained from survey responses. Information is organized by County and agency. Included are substance abuse services licensed by the NYS Office of Alcoholism and Substance Abuse Services (OASAS) as well as other services which may provide supportive services to substance abusing women. Please note that although efforts were made to collect the most comprehensive and up-to-date information, we recognize that a directory such as this is quickly outdated. We welcome your additions, corrections, and comments and Community Cradle will update information on our website. Please forward such correspondence to Community Cradle, 2 EComm Square, Albany, NY 12207, (518) 426-1153 / (fax) 426-1237, e-mail: Information@communitycradle.org, website: www.communitycradle.org.

We hope you find the directory useful in locating the services available in the Capital Region.

Please feel free to copy all or part of this directory.

For more information on NYS OASAS services, contact:

OASAS Northeastern Field Office

(518) 485-1660

OASAS Women, Children, & Family Services Unit

(518) 485-2156

OASAS Information & Referral Line

(800) 522-5353

**For more information on pregnancy and substance use (including tobacco), call
Community Cradle at (518) 426-1153.**

DEFINITION OF TERMS

Categories As They Are Used in this Directory

Assessment Services – Agencies licensed by OASAS to conduct substance abuse assessment (among other) services.

Inpatient Treatment & Services – OASAS-licensed substance abuse services provided in an inpatient setting to individuals who require medical management of their substance abuse and dependence treatment under the supervision of a physician or other medical personnel.

Residential Substance Abuse Programs – OASAS-licensed residential treatment programs which may include halfway houses, recovery homes, therapeutic communities, supported living apartments, or community residences. Substance abuse services may be provided on-site and/or in conjunction with off-site outpatient services.

Other Housing/Shelter Programs – Shelters or other housing programs, not necessarily OASAS-licensed, for special populations such as homeless persons, teens, or domestic violence survivors. Shelters must provide some accommodation and/or services for substance using women with or without children in order to be included in the directory.

Outpatient Substance Abuse Treatment & Services – OASAS-licensed alcohol and substance abuse diagnostic and treatment services provided on an outpatient basis. Service involvement ranges from once-a-week clinical services to full rehabilitation on an outpatient basis.

Counseling & Support Services – Various health and human service organizations which provide accommodations or counseling services to women with substance abuse issues. Not necessarily OASAS-licensed. May provide space for AA/NA groups, COA/COSA groups, individual or group counseling sessions during which substance abuse issues are discussed, information & referral to more structured substance abuse services.

Terms As They Are Used in this Directory

Specialized Services = Separate or customized groups, classes, or sessions specifically for women, pregnant women, teen girls, or children.

Desig. Female Staff = Female staff designated to provide women's specialized services.

Transportation Provided = Agency provides transportation for clients to and/or from substance abuse or related appointments.

Blanks in the directory indicate that the information was unavailable or not provided by the survey respondent.

ABBREVIATIONS

ACOA = Adult Children of Alcoholics

COA = Children of Alcoholics

COSA = Children of Substance Abusers

DD = Dual Diagnosis (mental health and sub. abuse)

DOE=Department of Education

DSS = Department of Social Services

DV = Domestic Violence

Dx = Diagnosis

HR = Home Relief

JCAHO = Joint Commission on Accreditation of Hospital Organizations

MH = Mental Health

OASAS = Office of Alcoholism and Substance Abuse Services, New York State

SA = Substance Abuse

SSI = Social Security Income

CAPITAL REGION CRISIS/DETOX SERVICES

Addictions Care Center of Albany, Inc.
75 New Scotland Ave., Albany

(518) 465-1374

Conifer Park, Inc.
79 Glenridge Rd., Glenville

(518) 952-8349
(800) 9-CONIFER

St. Peter's Addiction Recovery Center
315 S. Manning Blvd., Albany

(518) 525-1303

Samaritan Hospital of Troy
2215 Burdett Ave., Troy (Dual Dx/MICA only)

(518) 271-3580

Seton Health System, Inc.
1300 Massachusetts Ave., 4th Floor, Troy

(518) 268-5344

SPECIAL NOTE FOR PREGNANT WOMEN

Prenatal providers have important opportunities to prevent substance use by women during pregnancy through effective assessment.

How to Use Screening Tools

- Be supportive and non-judgmental when asking about use.
- Stress the benefits of abstinence and offer to help the client achieve it.
- Know where to refer a patient for further assessment/treatment (see p. 2).
- Utilize questionnaire at every prenatal visit.
- Screen every client.

- Have you ever used drugs or alcohol during this **P**regnancy?
- Have you had a problem with drugs or alcohol in the **P**ast?
- Does your **P**artner have a problem with drugs or alcohol?
- Do you consider one of your **P**arents to be an addict or alcoholic?

PLUS...Integrate these questions into family history:

- Do or did either of your parents have a problem with alcohol or drugs?
- Is your partner using alcohol or drugs?
If the answer is yes, this is a **red flag** for violence.....screen for domestic violence!
- Use "I" messages: "I am concerned and have someone I want you to talk with".

The Capital Region is fortunate to have home visiting and support programs for pregnant women and their families. Please use the following contact information:

| | | |
|---------------------------|--|-----------------------|
| Albany County | Healthy Families Albany County | (518) 447-7054 |
| | DOH Community Health Worker Program | (518) 447-4684 |
| Rensselaer County | Healthy Families of Rensselaer County | (518) 271-3923 |
| Schenectady County | Healthy Schenectady Families | (518) 386-2824 |
| | Catholic Charities (TLC pgm) | (518) 688-9013 |

OASAS PREVENTION CENTERS

ALBANY COUNTY

Addictions Care Center of Albany, Inc
90 McCarty Avenue
Albany 12202
(518) 465-5470

Programs:
Reconnecting Youth
Strengthening Families Program (SFP)

Albany County Dept. of Mental Health
260 South Pearl Street
Albany 12202-2094
(518) 447-4537

Albany Diocesan School Board
40 North Main Avenue
Albany 12203
(518) 453-6602

Albany-Schoharie-Schdy-Saratoga BOCES
900 Watervliet Shaker Road
Albany NY 12205
(518) 464-3944

Programs:
Life Skills Training
Project Towards No Tobacco Use (TNT)
Project ALERT
Reconnecting Youth
Residential Student Assistance Program (RSAP)
Olweus Bullying Prevention

RENSSELAER COUNTY

Albany Diocesan School Board
40 North Main Avenue
Albany 12203
(518) 453-6602

Rensselaer Co. Dept of Mental Health
1600 Seventh Avenue
Troy 12180
(518) 270-2807

Programs:
Life Skills Training
Project ALERT
Strengthening Families Program 10-14
Guiding Good Choices
Promoting Alternative Thinking Strategies (PATHS)

SCHENECTADY COUNTY

Albany Diocesan School Board
40 North Main Avenue
Albany 12203
(518) 453-6602

Albany-Schoharie-Schdy-Saratoga BOCES
900 Watervliet Shaker Road
Albany 12205
(518) 464-3944

Programs:
Life Skills Training
Project Towards No Tobacco Use (TNT)
Project ALERT
Reconnecting Youth
Residential Student Assistance Program (RSAP)
Olweus Bullying Prevention

OASAS TREATMENT CENTERS

ALBANY COUNTY

820 River St., Inc.

P.O.Box 645
Route 156 Knox Road
Altamont, NY 12009-3437
Phone (518) 861-6207

Eleanor Young Memorial Clinic
134 Franklin Street
Albany, NY 12202
Phone (518) 465-8034

9-10 St. Joseph's Terrace
Albany, NY 12210
Phone (518) 427-1730

Addictions Care Center of Albany, Inc.

115 Ontario Street Albany 12208
(Outpatient Clinic)
Phone: (518) 434-2367
Fax: (518) 434-2372

90 McCarty Avenue Albany 12202
(Administrative Offices)
Phone: (518) 465-5470
Fax: (518) 427-0854

90 McCarty Avenue, Bldg 2
Albany 12202
(Community Residences)
Phone: (518) 434-8083
Fax: (518) 434-2523

90 McCarty Avenue, Bldg 3
Albany 12202 – (Community
Education)
Phone: (518) 465-5829
Fax: (518) 449-4876

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: N/A

Transportation Provided: Yes,
Albany, Schenectady, and
Rensselaer Medicaid recipients are
provided with CDTA swipers

Target Population:

ACCA is committed to improving the
lives of men, women, adolescents,
families, and children who are
healing from the effects of alcohol
and substance abuse.

License/Certification:

Insurances Accepted: Medicaid, SSI,
Sliding Scale, Private Insurance

Specialized Services:

Women: Opening two facilities for
women in 2009; Supportive Living
Program

Pregnant Women: Facilities accept
children birth to 10 years of age

Teen Girls: Grow Girl! Prevention
Program

Children: Counseling for children
affected and at-risk; on-site child
care programs

Outpatient Substance Abuse
Treatment and Services
Counseling and Support Services

Albany County Dept. of Mental Health

Albany Co. Alc/Substance Abuse
Clinic
Floor 1 & 2
260 South Pearl Street
Albany 12202-1809
Phone (518) 447-4551

Belvedere of Albany, LLC

3 E-Comm Square Pruyn Street
Floor 2
Albany 12207
Phone (518) 694-9400

Equinox, Inc.

95 Central Avenue
Albany 12206
Phone (518) 434-6135

Family & Children's Services

650 Warren Street
Albany 12208
Phone (518) 462-6531

Bilingual Staff: Yes
Designated Female Staff: No
Transportation Provided: No

Target Population:

Capital District: Bereavement,
Education, Emergency/Crisis,
Information and Referral

We operate a suicide and crisis hotline 689-HOPE for anyone who may be despairing, depressed, suicidal or in crisis. We provide suicide prevention education in the community. We provide direct services to families or workplaces who are grieving the recent death of someone to suicide.

Counseling and Support Services

Hope House, Inc.

Adolescent Residential Facility
One Hope Lane
Albany 12205-1012
Phone (518) 452-0001

On Bus Route: Yes
Bilingual Staff: Yes, Spanish
Designated Female Staff: No

Transportation Provided: No

Target Population:

Chemically dependent adolescents
Ages 12 to 18

License/Certification: OASAS
Insurances Accepted: Sliding scale
fee, some private insurances

Specialized Services:

Teen Girls: Individualized treatment
planning addressing all core 7 life
areas.

The program is a 14 bed, long term
residential (6-9 month) drug and
alcohol treatment facility that
incorporates individual, group, family
and recreational therapy into
individualized treatment planning.
Additionally the educational
coordinator assists in implementing
high school curriculum or GED prep
work into the daily lives of residents.

747 Madison Avenue
Albany 12208
Phone (518) 427-8207

St. Vincent's Rectory
890 Madison Avenue
Albany 12208-3322
Phone (518) 453-8351

On Bus Route: Yes
Bilingual Staff: No
Transportation Provided: No

Target Population:

Pregnant women, women with
children, women without children 18
years and older

License/Certification: OASAS /
Insurances Accepted: Medicaid, SSI,
SSD

Specialized Services:

Women: Life skills, Parenting classes, Treatment off-site, Sober fun, Support meetings, Case management

Pregnant Women: Parenting 1-1, and class

Children: Case management

Halfway house for women and children. It is a 9 month to 1 year program. Can house 21 women- can have up to 12 children. Treatment 5xw. A very structured program. Groups, parenting, life skills, and case management.

Outpatient Substance Abuse Program

261 N Pearl Street
Albany 12207-1299
Phone (518) 465-2441

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: No
Transportation Provided: No

Target Population:

18-64 year old co-ed long-term residential

License/Certification: OASAS
Insurances Accepted: SSI, SSD, CC Level II

The facility is dedicated to the treatment of both men and women whose lives have become dysfunctional due to their use of drugs and alcohol.

Residential Substance Abuse Program

Hospitality House Therapeutic Comm Inc

271 Central Avenue
Albany 12206
Phone (518) 434-6468

LaSalle School, Inc.

391 Western Avenue
Albany 12203
Phone (518) 242-4731

On Bus Route: Yes
Transportation Provided: No

Target Population:

Adolescent males

Insurances Accepted: Medicaid

Specialized Services:

Children: Adolescent males

Limits:

Currently working with adolescent male youth already enrolled in one of Lasalle School's core programs.

Provides medically supervised outpatient CD services of adolescent males in Lasalle's core program area. Services include comprehensive, collaborative, and integrative counseling, relapse prevention and supportive services.

The Next Step

276 Sherman Street
Albany 12206
Phone (518) 465-5249

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: Yes
Transportation Provided: Yes

Target Population:

14/Women Alcohol/Substance Abusers

License/Certification: OASAS
Insurances Accepted: Medicaid, Medicare, HR, SSI, SSD, Sliding Scale, Private Insurance

Specialized Services:

Women: Over 18 years old
Pregnant Women: Yes

Limits:

Must be able to climb stairs

14 bed intensive residential services for women with alcoholism and substance abuse

Residential Substance Abuse Program

Pearl Street Counseling Center

42 South Pearl Street
Albany 12207
Phone (518) 462-4320

Senior Hope Counseling, Inc.

Floor 1
523 Western Avenue
Albany 12203
Phone (518) 489-7777

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: Yes
Transportation Provided: Yes

Target Population:

Older addicted adults.

License/Certification: OASAS
Insurances Accepted: Medicaid, Medicare, SSI, SSD, Sliding Scale, Private Insurance

Specialized Services:

Women: 50+ struggling with addictions; offer a women's group.

Limits/Other:

Senior Hope Counseling is the only free-standing OASAS licensed clinic in Upstate NY for 50+ who struggle with addictions

We are a non-intensive outpatient clinic for older addicted adults.

St. John's Project Lift Inc

688 Madison Ave., C Building
Albany 12208
Phone (518) 331-5884

St. Peter's Hospital

Gabrilove Pavilion
Floor 6
315 South Manning Boulevard
Albany 12208
Phone (518) 525-1518

SPARC Inpatient Rehabilitation Program

3 Mercycare Lane
Guilderland 12084
Phone (518) 452-6700

50 Remsen Street
Cohoes 12047
Phone (518) 235-1100

636 New Loudon Road
Latham 12110
Phone (518) 783-5381

Floor 1
845 Central Avenue
Albany 12206
Phone (518) 482-2455

64 Second Avenue
Albany 12202-1240
Phone (518) 449-5170

**Trinity Institution/Homer Perkins
Ctr.**

76-82 Second Street
Albany 12210
Phone (518) 436-1104

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: Yes
Transportation Provided: Yes

Target Population:

Adults 18 and older who are drug
and/or alcohol addicted.

License/Certification: OASAS
Insurances Accepted: SSI, Sliding
Scale, Social Service

Specialized Services:

Women: Co-ed facility; 5-7 women's
beds

Limits:

Must be at least 18 years old and
have a drug or alcohol addiction

20 bed co-ed residential facility
licensed by the OASAS. The length
of the stay is 6-12 months with most
clients completing treatment in 10-12
months. The center promotes a drug
free lifestyle through living within a
family like environment modeled on
a 12-step, self-help program.

Residential Substance Abuse
Program

**Whitney M Young Jr. Health
Center, Inc.**

4-10 DeWitt St - 1st & 2nd Floors
Albany 12207-2423
Phone (518) 463-3882

F.A.C.T.S.
900 Lark Drive
Albany 12207
Phone (518) 465-9345

RENSSALEAR COUNTY

820 River St., Inc.

820 River Street
Troy, NY 12180

3075 Sixth Avenue
Troy, NY 12180
Phone (518) 272-4246

P.O. Box 645
Altamont, NY 12009
Phone: (518) 861-6207
Fax: (518) 861-6013

On Bus Route: No
Bilingual Staff: No
Designated Female Staff: No
Transportation Provided: Yes

Target Population:

Substance Abusers 18 years and older.

License/Certification: OASAS Part 818

Insurances Accepted: Medicaid, SSI, Sliding Scale, Some Private Insurances

Specialized Services:

Women: Women's Unit
Pregnant Women: Women's Unit

Limits:

30 bed capacity – 8 for women

28 Day Inpatient program designed to establish a base in sobriety. Referrals are made to aftercare treatment and residences.

Inpatient Treatment and Services

Conifer Park, Inc.

Raddock Bldg., 1801 6th Avenue

Troy, NY 12180-3440
Phone (518) 274-5143

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: Yes
Transportation Provided: No, assistance with ACCESS and health insurance companies

Target Population:

Persons with substance abuse treatment needs.

License/Certification: OASAS, JCAHO

Insurances Accepted: Medicaid, Medicare, HR, SSI, SSD, Sliding Scale, Private Insurance

Specialized Services:

Women: Individual and gender specific groups for women
Pregnant Women: Referrals
Teen Girls: Young adult education, Recovery process, and Probation groups
Children: Same as above

Outpatient Substance Abuse Treatment and Services

**Hudson-Mohawk Recovery Center,
Inc.**

106-108 Ninth Street
Troy, NY 12180

743 Columbia Turnpike
East Greenbush, NY 12061

16 First Street
Troy, NY 12180

559-565 Sixth Avenue
Troy, NY 12182
Phone (518) 272-3918

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: Yes
Transportation Provided: No

Target Population:

Open.

License/Certification: OASAS
Insurances Accepted: Medicaid, HR,
SSI, Sliding Scale, Private Insurance

Specialized Services:

Women: Alcohol and drug abuse
treatment
Pregnant Women: See above
Teen Girls: See above

PAHL, Inc.

106-108 Ninth Street
Troy, NY 12180
Phone (518) 272-0206

**Rensselaer Co. Dept of Mental
Health**

Ned Pattison Government Center
Floor 3
1600 Seventh Avenue
Troy, NY 12180
Phone (518) 658-2515

Seton Health System, Inc.

St. Mary's Hospital Campus
1300 Massachusetts Avenue - 4th Fl.
Troy, NY 12180
Phone (518) 268-5344

SCHENECTADY COUNTY

Bridge Center of Schenectady Inc

70-72 Union Avenue
Schenectady, NY 12308
Phone (518) 346-1277

Carver Community Ctr. of Schenectady

Carver Community Counseling Services
846 State Street
Schenectady, NY 12308
Phone (518) 382-7838

Conifer Park, Inc.

79 Glenridge Road
Glenville, NY 12302-4523
Phone (518) 952-8349

2nd Floor, Room 204
600 Franklin St.
Schenectady, NY 12304
Phone (518) 372-7031

On Bus Route: Yes
Bilingual Staff: No
Transportation Provided: No

Target Population:

Anyone 13-70 in need of addictions treatment.

License/Certification: OASAS / Joint Commission

Insurances Accepted: Medicaid, Private Insurance, Sliding Scale

Specialized Services:

Women: Women are referred to outside agencies for issues other than addiction and mental health.

79 Glenridge Road
Glenville, NY 12302-4523
Phone (518) 982-8349

New Choices Recovery Center

Floor 1,2,3
Room Basement
302 State Street
Schenectady, NY 12305-2302
Phone (518) 346-4436

Purcell House
406-408 Summit Avenue
Schenectady, NY 12307
Phone (518) 346-5548

Georgia S. Perrin House
575 Lansing Street
Schenectady, NY 12303
Phone (518) 346-4509

834 Emmett Street
Schenectady, NY 12307
Phone (518) 377-6317

St. Peter's Hospital

2925 Hamburg Street - 1st Flr
Rotterdam, NY 12303
Phone (518) 357-2909

OTHER RELATED SERVICES

Drug Free Life

1600 Seventh Ave.
Troy, NY 12180
Phone: (518) 270-2800
Fax: (518) 270-2723

On Bus Route: Yes
Bilingual Staff: No
Designated Female Staff: No
Transportation Provided: No

Target Population:

Teens and adults with substance abuse and mental health issues

License/Certification: OASAS
Insurances Accepted: Medicaid, Medicare, HR, SSI, SSD, Sliding Scale, Private Insurance

Specialized Services:

Women: Group

Individual group and family counseling to address substance abuse and mental health issues. Psychiatric services available.

Outpatient Substance Abuse Treatment and Services

Rev. Dr. Anne F. Curtin

Healing a Woman's Soul, Inc.
Christ Episcopal Church
Coxsackie, NY 12051
Phone: (518) 755-3325

On Bus Route: No
Bilingual Staff: No
Transportation Provided: No

Target Population:

Healing women and children who are victims or have been victims of domestic violence through parish action.

License/Certification: Certified teacher, retired attorney, ordained priest
Insurances Accepted: No charge

Specialized Services:

Women: Healing prayer; teaching spirituality; parish-based support, education and training to prevent and heal domestic violence

Healing a Woman's Soul Inc. helps parishes heal women and children who are victims of domestic violence with parish training, retreats, healing prayer and education.

Counseling and Support Services
Other: Healing prayer, Retreats, and Meditations Days

St. Paul's Center, Inc.

PO Box 589
Rensselaer, NY 12144
Phone: (518) 434-2910
Fax: (518) 689-2083

On Bus Route: No
Bilingual Staff: No
Designated Female Staff: No
Transportation Provided: No

Target Population:

Homeless mothers with their children. All families are referred through the County Department of Social Services.

License/Certification: None
Insurances Accepted: No charge

Specialized Services:

Women: Provide advocacy for the mothers and their children with other community service providers and agencies. Also, work with the schools for the children.

Pregnant Women: Same as above
Teen Girls: Only if they are residing with their mother at the shelter.
Children: Linkage and advocacy with community services and agencies along with school.

Limits:

Only referrals through County Department of Social Services. Not a "Safe House" for Domestic Violence Victims. Mothers must be apartment searching, and following shelter rules to remain residents.

19 bed homeless shelter for mothers with their children. Provide advocacy and linkage to community agencies and service providers as deemed appropriate.

Housing/Shelter

Twin County Recovery Services

428 W. Main Street
Catskill, NY 12414
Phone: (518) 943-2036
Fax: (518) 943-0513

On Bus Route: No
Bilingual Staff: N/A
Designated Female Staff: No
Transportation Provided: No

Target Population:

Those suffering from the effects of alcohol or drugs.

License/Certification: OASAS
Insurances Accepted: Medicaid, SSI, SSD, Sliding Scale, Private Insurance

Specialized Services:

We treat all below
Women
Pregnant Women
Teen Girls
Children

Limits:

Cannot prescribe suboxone or methadone.

Licensed, medically-supervised out-patient clinic in Hudson, NY and Catskill, NY for the treatment of alcohol and drug addiction. We provide evaluation and assessment, individual and group counseling, information and referral and a 24 hour crisis hotline. We also provide co-dependency evaluation and treatment as well as psycho-educational services.

Our services include a men's and women's residential program, a Greene County prevention program in the schools and community and a Drinking Driver Program.

Residential Substance Abuse Program
Outpatient Substance Abuse Treatment and Services

Unity House of Troy

504 Broadway
Troy, NY 12180
Phone: (518) 272-5917
Fax: (518) 272-5752

On Bus Route: Yes
Bilingual Staff: Yes. Spanish
Designated Female Staff: Yes, Spanish Speaking
Transportation Provided: Yes

Target Population:

Victims of domestic violence.

License/Certification: NYS Licensed
Domestic Violence Program
Insurances Accepted: No charge

Specialized Services:

Women: Provide safe shelter, transitional housing, counseling, legal services,

advocacy, and employment training.

Pregnant Women: See above

Teen Girls: See above

Children: The services provided to children are as they relate to the family case.

Limits:

Case by case assessment.

Unity House is a Domestic Violence program located in Rensselaer County. Our program consists of an 18 bed safe shelter and non-residential services. We provide domestic violence victims with free, comprehensive services, including: transitional housing, legal assistance, counseling, advocacy, employment training, and an on-site medical clinic.

Other Housing/Shelter and Domestic Violence Programs
Counseling and Support Services
Other: Advocacy

SMOKING CESSATION PROGRAMS

| | |
|---|--|
| American Lung Association -Call Center (telephone counseling) -Online Program: Freedom From Smoking® | (518) 465-2013 1-800-548-8252 www.lungusa.org |
| Community Cradle | (518) 426-1153 |
| New York State Smokers Quitline | 1-866-NY-QUITS 1-866-697-8487 www.nysmokefree.com |
| Seton Health Center* | (518) 459-2550 (518) 268-6165 |

* Call for more information and class schedule

LOW-COST / NO-COST PRENATAL CARE

Pregnant?

Medicaid Prenatal Care (MPC) & MOMS PROGRAMS IN THE CAPITAL REGION

What does MPC stand for?

MPC stands for Medicaid Prenatal Care.

What does MPC offer? It is an insurance and health care program for women and teens who are pregnant.

- **Routine** pregnancy medical check-ups, lab work, and access to specialists
- **Hospital care** during pregnancy and delivery
- **Information** about pregnancy, labor and delivery
- **HIV** counseling and testing
- **Help** in applying for other programs such as WIC and low or no-cost health insurance for your children and family
- **Full health care for you** until at least two months after delivery
- **Health care** for your baby for at least one year after birth
- **Family planning services**
- **And more!**

What is MOMS?

MOMS stands for Medicaid Obstetrical and Maternal Services. The MOMS program provides pregnancy services (medical and health supportive) in areas of the state where PCAP health centers are not located. Medical services are provided in private physicians' offices. Health supportive services (HSS) are provided by DOH approved providers. HSS includes the following: nutrition and psychosocial services, health education, HIV counseling and testing, and assistance with the Medicaid and WIC applications. All women enrolled in MOMS receive complete pregnancy care and can enter either by going through a MOMS physician or HSSP.

Who qualifies for MPC and MOMS?

Women and teens who live in New York State who are pregnant and who meet certain income guidelines (see next page) receive routine medical care during pregnancy and hospital care during pregnancy and delivery, full health care for the woman until at least two months after delivery and full health care coverage for the baby up to one year of age.

For more information call the
Growing Up Healthy Hotline
1-800-522-5006

Medicaid Prenatal Care (MPC)/MOMS PROGRAMS IN THE CAPITAL REGION

These agencies provide low-cost or no-cost prenatal services in the Capital Region. They are listed by their county location but may serve residents in other counties.

Albany County

St. Peters Family Health Care – MPC
326 South Pearl Street
Albany, NY 12202
(518) 449-0122

Whitney M. Young Jr Health Center - MPC
Lark & Arbor Drive
Albany, NY 12207
(518) 465-4771

Cohoes Family Care -MOMS
95 Remsen Street
Cohoes, NY 12047
(518) 235-7282

Montgomery County

St. Mary's Hospital Amsterdam - MPC
380 Guy Park Drive
Amsterdam, NY 12010
(518) 842-1900

Rensselaer County

No MPC/MOMS Providers in this County.

Saratoga County

Planned Parenthood of Mohawk Hudson - MPC
236 Washington Street
PO Box 5029
Saratoga Springs, NY 12866-8036
(518) 584-0041

Schenectady County

Planned Parenthood of Mohawk Hudson - MPC
1040 State Street
Schenectady, NY 12307-1508
(518) 374-5353

Ellis Family Health Clinic - MPC
624 McClellan Street, Suite 1
Schenectady, NY 12304
(518) 382-2260

Schoharie County

Planned Parenthood of Mohawk Hudson - MPC
560 Main Street, Suite 1
P.O. Box 170
Cobleskill, NY 12043
(518) 234-3325

Medicaid Eligibility - Household Income (on 1/09)

| % FPL | Period | Household Size | | | | | | | | Period |
|-------|---------|----------------|--------|--------|--------|--------|--------|--------|------------------------|---------|
| | | Two | Three | Four | Five | Six | Seven | Eight | Each Additional Person | |
| 100% | Annual | 14,570 | 18,310 | 22,050 | 25,790 | 29,530 | 33,270 | 37,010 | +3,740 | Annual |
| | Monthly | 1,215 | 1,526 | 1,838 | 2,150 | 2,461 | 2,773 | 3,085 | +312 | Monthly |
| 133% | Annual | 19,379 | 24,353 | 29,327 | 34,301 | 39,275 | 44,250 | 49,224 | +4,975 | Annual |
| | Monthly | 1,615 | 2,030 | 2,444 | 2,859 | 3,273 | 3,688 | 4,102 | +415 | Monthly |
| 200% | Annual | 29,140 | 36,620 | 44,100 | 51,580 | 59,060 | 66,540 | 74,020 | +7,480 | Annual |
| | Monthly | 2,429 | 3,052 | 3,675 | 4,299 | 4,922 | 5,545 | 6,169 | +624 | Monthly |

- Pregnant women and infants under one are eligible at 200%; A pregnant woman counts as two.

Notes